

## **Unity Run and Be Kind to your Mind Marathon**

On November 1, 2025, at 6:00 AM, Unity run and "Be Kind to Your Mind" themed marathon was organized on the occasion of Uttarakhand Foundation Day under the joint aegis of Gautam Buddha Medical College, Jhajhra, and the affiliated Dr. K.K.B.M. Subharti Hospital, and the State Health Authority, Government of Uttarakhand. Hundreds of students and staff from the university and hospital participated in the race, spreading the message of unity and patriotism. Approximately 500 participants participated in the marathon.

The program was inaugurated by the chief guest, Hon'ble Sahaspur MLA, Mr. Sahdev Singh Pundir, and the University's Vice Chancellor, Dr. Himanshu Aera, by flagging off the event. Mr. Sahdev Singh Pundir stated that such events strengthen the spirit of discipline, patriotism, and national unity among the youth.

The approximately 5-kilometer-long race began at Jhajhra Subharti Hospital, continued to Suddhowala Chowk, and concluded at Subharti Hospital.

Mr. Ayush Anand and Ms. Ayushi Saini won first place in the student category, while Dr. Mohammad Abuzar Jameel was the first winner in the faculty category. Medals and certificates were awarded to the winners. During the program, all participants took a pledge regarding national unity and mental health.

The program was hosted by Ms. Soumya Verma. Principal of GBCM Dr. Anil Kumar Mehta stated that unity is the foundation of a nation's strength and development, and that through this marathon, the youth have set a wonderful example of patriotism.

The main organizer of the marathon was Dr. Suchit Kumar, and Dr. Rupa Hanspal, Dr. Lokesh Tyagi, Dr. Prashant Bhatnagar, and Mr. Ritesh Srivastava contributed in the same. Mr Sachin Srinarain was the student co-ordinator for the event. Mr. Sahdev Singh Pundir addressed the gathering and praised the efforts being made by Subharti Hospital. The program was supported by Mr. Jitendra Tyagi, Mr. Lal Ji Asthana, Mr. Anil Rohilla, Mrs. Bhavna Sharma, Mr. Ravi, Mr. Dheeraj, Mr. Rahul, and Mr. Johnny.



















